



*Costs increase £50 per 15 additional attendees. Costs include travel within Greater London. HoardingUK works to ensure all travel costs outside this area are as inexpensive as possible. HoardingUK seeks approval from services for all additional costs.*

## Trainer Information

**Megan Karnes** (Overview of Hoarding Training) Director HoardingUK, Director [Mental Health Consultancy UK](#), Counsellor BA (Hons), Dip. Clinical Supervision and Consultancy, Prim. Cert CBT, National Advocacy Qualification, Independent Mental Health Advocate (IMHA), Independent Capacity Advocate (IMCA), Registered MBACP

**Lee Markwick** (Retired Fire Officer & NHS Mental Health & Safety Officer) – Trainer Lee has a very pragmatic approach to challenging the perception, and managing the risk of hoarding and clutter. He has worked with many Partner Agencies on making people safer inside and outside their homes.

## Aims

All of our training is designed to be an educational, interactive and empowering working to positively impact participant's active client work and improve outcomes for people who hoard as well as the professionals and others who engage with them.

## Target Audience

Our courses are largely designed for professionals who work with people who hoard. Practitioners are encouraged bring their current hoarding related work to sessions which ensures the day is integrated into practice. Our Recovery College and Support Group development training engage people with hoarding behaviour.

# Full Day Courses

## Choice and Control in Hoarding Behaviour

- Understanding hoarding disorder
- Case study work (throughout)
- Risk/Risk Assessment
- Overview of positive engagement
- Legislation including safeguarding and the Care Act 2014
- Supporting hoarding disorder through the term of the relationship using Motivation Interviewing and the Cycle of Change
- Techniques to challenge compulsive acquisition and the failure to discard
- Outcomes are policy and practice tools as well as an action plan

### Costs

£900

## Motivational Interviewing for Hoarding Behaviour (Add-On)

- Key Components
- Case study work (throughout)
- Introduction to Motivational Interviewing
- MI Strategies
- Facilitating Behaviour Change
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- Cognitive Behavioural interventions
- Outcomes are policy and practice tools as well as an action pla

### Costs

£900

For questions or to book this training please contact [training@hoardinguk.org](mailto:training@hoardinguk.org)